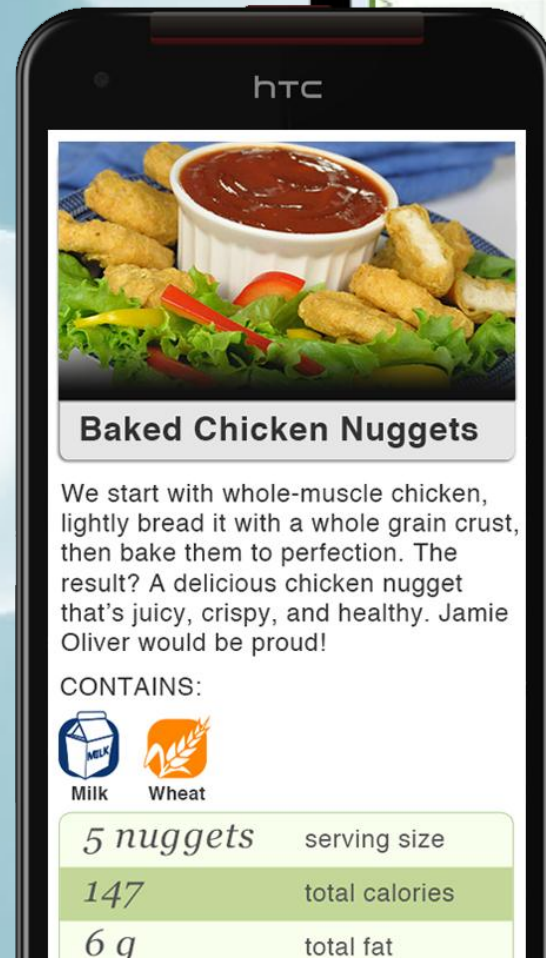



# Welcome Back!

Start off the school year by checking out CCSD's new menus.

- Download the free app on your smartphone (search for "Nutrislice")
- Or visit [www.ccsdcafe.org](http://www.ccsdcafe.org) (click on Menus)
- Either way, you'll find a new, convenient menu format with all the information you need!





htc



**Baked Chicken Nuggets**

We start with whole-muscle chicken, lightly bread it with a whole grain crust, then bake them to perfection. The result? A delicious chicken nugget that's juicy, crispy, and healthy. Jamie Oliver would be proud!

CONTAINS:



Milk Wheat

	serving size
5 nuggets	39 g
	147
	6 g



Nutrislice Lunch Menu

School Menus

Westside Elementary Lunch Menu

1 2 3



**Asian Salad**

Fresh spinach from a local farm is shipped in daily, drizzled with sweet dressing, then decorated with fresh berries. Kids love it!

CONTAINS:



Wheat Soy Shellfish

1 cup	serving size
39 g	total carbs
2 g	total fat
16 g	

